

**HISC Round Hayling Island Windsurf Race**  
**Hayling Island Sailing Club**  
**Friday 25 March 2016**

Organizing Authority: Hayling Island Sailing Club

**SAILING INSTRUCTIONS**



**1 RULES**

- 1.1 The race will be governed by the rules as defined in *The Racing Rules of Sailing 2013-2016 as amended by Appendix B, Windsurfing Competition Rules*, with amendments noted under section 14 of this document.
- 1.2 Competitors are required to wear the numbered vest (issued at registration) as their outermost layer with the number on the back. This number a safety tally and is required for recording a finish or retirement. Competitors who sail without this vest, or who fail to return it promptly after finishing or retiring, will be disqualified.
- 1.3 Competitors are required to carry the GPS tracker (issued at registration) on their person. The tracker is an important part of safety procedures. Competitors who sail without this tracker, or who fail to return it promptly after finishing or retiring, will be disqualified.

**2 NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice board, located in the race office, near the clubhouse entrance.

**3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted before 10:30 on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.

**4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed from the flag masts on the club race control box or on the beach in vicinity of the start line.

**5 SCHEDULE OF RACES**

- 5.1 Dates of racing:  
Friday 25 March 2016
- 5.2 Number of races: 1 Race with choice of Gold, Silver, or Bronze Course.
- 5.3 The time of the 5 minute warning signal for the first race will not be before 12:00

**6 CLASS FLAGS**

- 6.1 All sailors will start the race under the same starting sequence.

**7 RACING AREA**

- 7.1 The sailing area is the waters around Hayling Island. To the north of HISC in Chichester Harbour, to the west in Langstone Harbour and to the South in Hayling Bay. To the south the limit of the sailing area is a line drawn between the Langstone Fairway and Chichester Bar Beacon navigation marks.

## **8 THE COURSE**

- 8.1 The course is a partial or complete circumnavigation of Hayling Island in anti-clockwise direction, starting from HISC. Depending on choice of finish (see THE FINISH) there are up to 5 gates to be passed through in order to complete the course, Gates 1, 2, 3, 4, & 5.
- 8.2 Gate 1 will be placed in the vicinity of Northney Marina. The gate is between a Committee Boat flying an orange flag and the Hayling shore.
- 8.3 Gate 2 will be placed in the vicinity of the Ferryboat Inn on the west side of Hayling Island. The gate is the full width of the harbour entrance. The gate will be defined 'open' or 'closed' by a green or red flag, displayed on the Hayling shore just south of the Ferryboat Inn. When the red flag is displayed the gate is closed, and competitors must finish here. When the green flag is flying, competitors may pass through the gate and continue sailing the course.
- 8.4 Gate 3 will be placed on the Hayling seafront south of the Inn on the Beach. The gate is between a large inflatable buoy and the Hayling shore.
- 8.5 Gate 4 will be placed on the Hayling seafront south of the Coastguard Station. The gate is between a large inflatable buoy and the Hayling shore.
- 8.6 Gate 5 will be placed on the Hayling seafront south of Bosmere Road. The gate is between a large inflatable buoy and the Hayling shore. Note that Gate 5 may be used as the finishing line of a shortened course.

## **9 THE START**

- 9.1 The start sequence will commence not before 12:00am with a five minute warning horn from the race box of the club.
- 9.2 The start sequence will be: at 3 minutes a red flag will fly for one minute; at 2 minutes an orange flag will fly for one minute; at 1 minute a green flag will fly for one minute; at the start the green flag will be lowered. Flag signals will be accompanied by sound signals. Flags will be flown either from the club race box or from the beach.
- 9.3 The start line is between the mast on the club race box and the harbour mark known as North West Winner.
- 9.4 A gate start using a patrol boat may be used. This will be indicated by a signal flag 'G'. In this case, at the starting time, a patrol boat towing an inflatable buoy will leave the beach at the western end of the line and will proceed along the line heading east. Competitors must pass behind the patrol boat and buoy.

## **10 THE GOLD, SILVER, and BRONZE FINISH**

- 10.1 Competitors may choose one of three finishing points: Bronze, Silver, or Gold. The choice is not required to be declared before finishing.
- 10.2 To record a Bronze Finish, competitors shall pass through Gate 1, leave the Committee Boat to starboard, and return to HISC to finish by landing on shore and touching a pole displaying an event flag, clearly identified 'FINISH'.
- 10.3 To record a Silver Finish, competitors shall pass through Gate 1, and shall finish by landing on shore at Gate 2 and touching the pole displaying either the green or red flag of Gate 2, clearly identified 'FINISH'. When a red flag is displayed all competitors must so finish. Any competitor continuing to sail when a red flag is displayed will be deemed to have retired and will record no finish.
- 10.4 To record a Gold Finish competitors shall pass through Gates 1, 2, 3, 4, and 5, and cross the finish line between the mast on the club race box and the harbour mark known as North West Winner, in a northerly direction.

- 10.5 A “rolling” finish may be introduced to further shorten the course. This will be an imaginary moving line between two flagged patrol boats. This will remove the requirement to finish as above.

## **11 SCORING**

- 11.1 Competitors recording a Gold Finish will be given a finishing position in a Gold Fleet.
- 11.2 Competitors recording a Silver Finish will be given a finishing position in a Silver Fleet.
- 11.3 Competitors recording a Bronze Finish will be given a finishing position in a Bronze Fleet.
- 11.4 To record any finish, competitors must ensure that the numbers on their vest are visible to the finishing Event Officials, and must return their vests and GPS trackers to an Event Official as soon as possible.

## **12 SAFETY REGULATIONS**

- 12.1 All competitors are required to wear a numbered safety vest, issued at registration, as their outermost layer. This vest will act as a safety tally and makes for easy identification by Event Officials. Failure to wear this vest, or to return it promptly, will result in disqualification.
- 12.2 All competitors are required to carry a GPS tracker, issued at registration, on their person. The tracker is an important part of safety procedures. Failure to carry the tracker, or to return it promptly, will result in disqualification.
- 12.3 Personal buoyancy is recommended, and may be made mandatory, signalled by flag 'Y'.
- 12.4 As soon as possible after finishing, retiring, or deciding not to race, competitors must inform a Event Official of their number and hand over their safety vest and GPS tracker. A search may be commenced if they are not returned, involving Coastguard and RNLI.
- 12.5 There are manned landing points at all Gates and these are the recommended retirement points. Transport back to HISC can be arranged from these points.
- 12.6 Competitors should land only on the Hayling shore if possible. Recovery will be difficult to arrange from any mainland shore.
- 12.7 The mud flats surrounding Hayling can be very dangerous. Competitors finding themselves aground on the mud should not attempt to walk ashore but should remain with their board, making every attempt to re-float.
- 12.8 Competitors are advised to carry a mobile phone if possible.
- 12.9 Competitors are advised to carry food, water, and money. After finishing or retiring there may be a delay for transport back to HISC.
- 12.10 When a red flag is displayed at Gate 2, then competitors must land and finish there. Any competitor continuing to sail will be considered to have retired from the event. It will not be possible to provide safety cover to competitors who continue to sail after retiring.
- 12.11 A team of volunteer patrol boats will be on the water. Competitors must follow the instructions of patrol boats.
- 12.12 There are large commercial ships operating in Langstone Harbour. Competitors must keep at least 500m clear.
- 12.13 Competitors are reminded of their obligation to keep clear of any vessel with limited ability to manoeuvre, and any vessel they are overtaking.
- 12.14 The safety team will not stand down until all competitors are accounted for. It is essential that any competitor not recording a finish advises an Event Official that they have retired and are safe, and returns their safety vest and GPS tracker. Any competitor who fails to do so may be subject to a fine of £50 which will be given as a donation to the RNLI.

### **13 DISCLAIMER OF LIABILITY**

- 13.1 Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

### **14 RISK STATEMENT**

- 14.1 RRS Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 14.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- 14.3 They are aware of the inherent element of risk involved in the sport and accept responsibility or the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 14.4 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 14.5 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- 14.6 Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 14.7 The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 14.8 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- 14.9 They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

### **15 AMENDMENTS TO THE RACING RULES OF SAILING**

- 15.1 B4 42 – "However, significant progress shall not be made by paddling, swimming or walking." is deleted.
- 15.2 Part 2 is amended to include the following – Within the confines of Langstone Harbour, no board may cross a commercial vessel under power within 500m of such a vessel, this action will result in disqualification without hearing.
- 15.3 26 is amended as per 10 above.

### **16 INSURANCE**

- 16.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2million per event or the equivalent.